

Clinical Presentation Modules - Quick Reference

Provisional development areas. Use only where information adds specificity beyond the Universal Core.

Depressive

Re-engagement; agency restoration; recurrence recognition; valued activity; support mobilisation.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Anxiety and Fear

Approach capacity; uncertainty/distress tolerance; flexible threat responding; restored activity.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Trauma and Stressor

Safety; threat discrimination; relational trust; adaptive meaning; adaptation; contextual protection.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Bipolar and Mood-Instability

Mood-state awareness; early warning; sleep/routine management; support; identity continuity.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Psychosis

Personal recovery; identity; meaning; connection; empowerment; self-management; deterioration recognition.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Clinical Presentation Modules - continued

Provisional development areas. Use only where information adds specificity beyond the Universal Core.

Substance and Addictive

Recovery capital; recovery identity; resource mobilisation; sustained self-management.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Obsessive-Compulsive

Flexibility toward intrusive experiences; uncertainty tolerance; restored valued behaviour.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Eating and Feeding

Identity beyond disorder; autonomy; self-compassion; relational recovery; meaning; self-management.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Personality Functioning and Interpersonal

Identity coherence; agency; relational capacity/repair; regulation; contextual stability.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.

Neurodevelopmental

Self-understanding; environmental fit; self-advocacy; regulation; supportive resources; participation.

Not a diagnosis. Add only information that is not represented adequately by the Universal Core.